



Brunswick Youth Soccer League

Division 1 Rules 2021- Harriet Beecher Stowe Field

Field/Players: In Division 1 the game will be held on a max size 20 x 40 yard field with 4 v 4 players per team (no goalie) on the field at a time. Towards the end of the season a goalie can be added if the team has good understanding of the 4 v 4 team concepts.

They will be using a 4 X 6 goal. Game is played with Size 3 ball.

Game Day Rules:

A team practice will be held the first 30 minutes of slotted time, teams will have ½ field to use and can combine to run some drills with opposing team if desired.

Rules conform to FIFA, except as shown below.

- 4- 7 minute quarters (making sure game is done before next start time) No extra time/overtime.
- Coin toss is used to determine possession at start of the game. Ball can be kicked backwards or forwards.

Substitutions: Unlimited substitution of players can occur on throw-ins, goal kicks, goals, injuries, and at the discretion of the referee. Subs must wait at the midfield sideline prior to the referee allowing them to come in. All roster players should receive equal time.

Offside will be not be enforced.

Heading- No Deliberate heading allowed. If a player deliberately heads the ball in a game, an indirect free kick is awarded to the opposing team from the spot of the offense.

Fouls and Misconduct: All fouls are enforced with an indirect kick

Free Kicks: All free kicks are indirect. Opponents must retreat 10 yds. from ball

Penalty Kick: No Penalty kicks

Throw In: Multiple attempts to get correct.

Goal Kick: In a goal kick situation a player is chosen to kick the goal kick, defending players should retreat to half field.

Goal Keeper Restarts- Towards end of the season (if) a goalie is used, no punting is allowed.

Player Equipment: No jewelry, hoodies, or hard hair clips. Players must wear shin guards covered by socks. Goalie(s) must wear different colored shirt (or pinnie) than teammates.

NOTES: Games are played unless there is a heavy rain. Postponement will be announced by a phone call from your coach, at least 1/2 hour before game time. If you do not receive a call, then assume the game is to be played. Cancellations will be placed on the Brunswick Parks and Recreation Department website www.brunswickme.org/departments/parks-recreation and posted on the Brunswick Parks & Recreation Facebook page www.facebook.com/BrunswickParksandRecreation

We strongly discourage you from bringing your dog to games and practices. Under no circumstances should a dog be on the players bench, or unleashed.

PARENTS' ROLE

Parents have the greatest influence on each child's level of enjoyment. Your child, his/her teammates, and opponents should hear only encouragement from the sidelines. The coach should be the only one "coaching" during the game. Encouraging your child and his teammates after the game is very important for young children. Teaching good sportsmanship in victory and defeat is an important skill that can begin at home. Practice and preach commitment and the idea that soccer is a team sport in which one relies on the others. Do not argue with or yell at the referee.

The league goal is that participants have fun and that everyone participates. If your child is not having fun, please speak to the coach or one of the league officials.

All parents are asked to volunteer when possible, to become familiar with league rules and to join in the fun. Parents are also asked to transport their child to practices and games on time and notify coaches when an absence is anticipated. You should check with the coach about his/her policy for parents leaving children at practices and games. ***It is your responsibility*** to be on time to pick up your child.